



house of bloom

Medical Aesthetics

PRICE LIST

WELLNESS

VITAMIN B12- ENERGY	\$25
BUNDLE OF 6 INJECTIONS	<u>\$120</u>
NAD+ ANTI-AGING	\$40
BUNDLE OF 6 INJECTIONS	<u>\$180</u>
GLUTATHIONE- DETOX & STRESS	\$30
BUNDLE OF 6 INJECTIONS	<u>\$135</u>
MIC B12- METABOLISM BOOSTER	\$40
BUNDLE OF 6 INJECTIONS	<u>\$180</u>
INBODY SCAN	<u>\$25</u>

HORMONE THERAPY*

CONSULT & CUSTOM PLAN	<u>\$225</u>
MONTHLY BHRT SUPPORT	<u>\$125</u>
AS NEEDED BHRT OFFICE VISIT	<u>\$90</u>
MONTHLY FEE FOR IN-OFFICE	<u>\$225</u>
WEEKLY TESTOSTERONE SHOTS**	—
NURSE LAB DRAW FEE	<u>\$25</u>
INITIAL LAB DRAW PANEL	<u>\$145</u>
FOLLOW-UP LAB DRAW PANELS	<u>VARIES</u>

*PRICING DOES NOT COVER COST OF MEDICATIONS WHICH VARY BASED UPON TREATMENT PLAN AND PRESCRIPTIVE INSURANCE COVERAGE. INITIAL CONSULT FEE AND FOLLOW-UP OFFICE VISITS DO NOT INCLUDE THE COST OF LABS OR NURSE DRAW FEE.

**MONTHLY FEE FOR IN-OFFICE WEEKLY TESTOSTERONE SHOTS DOES INCLUDE MEDICATION ADMINISTERED BY MEDICAL PROVIDER AT BLOOM.

WE DO NOT BILL INSURANCE, HOWEVER MANY PATIENTS ARE ABLE TO USE THEIR FSA/HSA CARDS, WE RECOMMEND VERIFYING WITH YOUR INSURANCE PLAN YOUR ELIGIBILITY COVERAGE. AVAILABILITY OF MEDICATIONS AT LOCAL PHARMACIES VARIES. HOUSE OF BLOOM STAFF AND PROVIDERS ARE UNABLE TO VERIFY AVAILABILITY OF MEDICATIONS AT A GIVEN PHARMACY. PRICES SUBJECT TO CHANGE.

HORMONE THERAPY

STEP 1: HORMONE BALANCING CONSULTATION

OUR NURSE PRACTITIONER HORMONE SPECIALIST WILL TAKE A DETAILED MEDICAL, FAMILY, AND SYMPTOM HISTORY TO LEARN MORE ABOUT YOU AND YOUR CONCERNS. IF YOU ARE A GOOD CANDIDATE FOR HORMONE THERAPY, WE WILL ORDER A FULL SET OF LABS TO EVALUATE YOUR HORMONE LEVELS, FULL BLOOD COUNT, ELECTROLYTES, CHOLESTEROL, THYROID PANEL, AND VITAMIN LEVELS. FROM THERE WE CAN TAILOR A HORMONE PLAN CUSTOMIZED TO YOU. LABS CAN BE DRAWN IN OUR OFFICE FOR YOUR CONVENIENCE.

STEP 2: REVIEW LABS & CUSTOMIZED HORMONE TREATMENT PLAN + INITIAL TREATMENT

ABOUT A WEEK AFTER YOUR LAB DRAW, WE WILL MEET WITH YOU TO REVIEW YOUR LAB WORK AND YOUR CUSTOMIZED COMPREHENSIVE BHRT PLAN. THIS INCLUDES WHICH HORMONES YOU MAY NEED, WHAT DOSES, AND HOW YOU CAN CHOOSE TO TAKE THEM. OPTIONS INCLUDE CREAMS, PILLS, INJECTIONS, PATCHES, AND PELLETS. WE WILL COME TO A SHARED DECISION ON INITIAL TREATMENT AND CAN BEGIN THERAPY AT THIS VISIT.

STEP 3: MAINTENANCE

FOLLOW-UP VISITS AND LAB DRAWS WILL VARY BASED ON WHICH METHOD OF HORMONE REPLACEMENT THERAPY YOU CHOOSE. ONCE WE'VE FOUND THE PERFECT BALANCE FOR YOU, PATIENTS CAN COME INTO THE OFFICE EVERY 3-4 MONTHS FOR PELLET INSERTION OR EVERY 6 MONTHS FOR PRESCRIPTION FOLLOW-UPS. ADJUSTMENT APPOINTMENTS CAN BE MADE AT ANY TIME IF YOU HAVE ANY QUESTIONS OR YOU FEEL LIKE YOUR HORMONES JUST AREN'T QUITE RIGHT. WE'RE HERE TO HELP YOU GET YOUR SYMPTOMS UNDER CONTROL AND YOUR HORMONE LEVELS IN THE OPTIMAL RANGE WHILE SUPPORTING YOUR OVERALL HEALTH & WELLNESS!

ADDITIONAL INFO

UPON REVIEW OF YOUR CUSTOMIZED TREATMENT PLAN, MEDICATIONS CAN EITHER BE SENT TO A PHARMACY OF YOUR CHOICE WHERE YOU CAN USE YOUR PRESCRIPTIVE INSURANCE COVERAGE, AND/OR SENT TO A LOCAL COMPOUNDING PHARMACY- WHICH WILL SHIP DIRECTLY TO YOUR DOOR. PRICING OF MEDICATIONS VARY AND WILL BE BETWEEN YOU, THE PHARMACY, & INSURANCE COVERAGE DEDUCTIBLES. HOUSE OF BLOOM MEDICAL AESTHETICS HAS NEGOTIATED PRICING WITH A VIRGINIA-BASED COMPOUNDING PHARMACY FOR COMPOUNDED CREAMS.

SHOULD YOUR TREATMENT PLAN INCLUDE PELLETS, THERE IS A \$200 PELLET INSERTION FEE.

YOU WILL BE ENCOURAGED & COUNSELED TO UNDERGO CERTAIN HEALTH SCREENINGS WITH YOUR PRIMARY CARE PROVIDER, GYNECOLOGIST, OR UROLOGIST. IN SOME CASES, THERAPY MAY NEED TO BE HELD UNTIL SCREENING RECOMMENDATIONS ARE COMPLETED. INITIAL STARTING HRT HAS MORE FREQUENT FOLLOW-UPS AND LAB DRAWS UNTIL YOU ARE ON A STABLE REGIMEN.

HORMONE THERAPY

CONSULTATION & CUSTOMIZED BHRT TREATMENT PLAN

REVIEW OF YOUR CUSTOMIZED HORMONE TREATMENT PLAN BASED ON YOUR LAB VALUES AND SYMPTOMS. DISCUSSION OF DIFFERENT TYPES, DOSES, AND ROUTES OF HORMONE REPLACEMENT THERAPY TAILORED TO YOU WITH A SHARED DECISION ON TREATMENT CHOICE.

BLOOM MONTHLY BHRT PROGRAM PLAN

INCLUDES CONCIERGE WELLNESS SERVICES WITH PERSONALIZED AND COMPREHENSIVE HEALTH & WELLNESS SUPPORT, TAILORED TO YOUR NEEDS AND PREFERENCES, UNLIMITED 20 MINUTE OFFICE AND TELEHEALTH VISITS, MONTHLY MICB12 SHOT AND INBODY BODY COMPOSITION SCAN, PRESCRIPTION DOSE ADJUSTMENTS AND SIDE EFFECT MANAGEMENT, NO NURSE LAB DRAW FEE.

**6 MONTH MINIMUM COMMITMENT, AUTO-DRAFTED EACH MONTH. LABS AND PRESCRIPTION MEDICATION PRICES VARY BASED ON INSURANCE COVERAGE. PELLET INSERTION FEE IS \$200.

MAINTAIN BHRT AS NEEDED SUPPORT

ONE YEAR AFTER DEMONSTRATING STABILITY ON YOUR HRT REGIMEN, SOME PATIENTS WILL CHOOSE THE AS NEEDED SUPPORT. EVERY 6 MONTHS YOU WILL COME IN FOR AN OFFICE VISIT TO UPDATE YOUR HEALTH STATUS AND SYMPTOMS. FEE IS FOR A FLAT 20 MINUTE OFFICE VISIT IN PERSON WITH OUR NURSE PRACTITIONER. NO INCLUSIONS.

ADDITIONAL FEES ASSOCIATED WITH AS NEEDED SUPPORT:

NURSE LAB DRAW FEE | \$25

LAB PANEL COST | VARIES

MEDICATION PREAUTHORIZATION FEE | \$125

TESTOSTERONE MONTHLY IN OFFICE INJECTIONS

INCLUDES FIRST MONTH IN OFFICE TESTOSTERONE INJECTIONS, THEN SUBSEQUENT MONTHS TESTOSTERONE VIALS AND SUPPLIES (SHIPPED DIRECTLY TO YOU). INCLUDES CONCIERGE WELLNESS SERVICES WITH PERSONALIZED AND COMPREHENSIVE HEALTH AND WELLNESS SUPPORT, TAILORED TO YOUR NEEDS AND PREFERENCES, UNLIMITED OFFICE AND TELEHEALTH VISITS, MONTHLY MIC B12 INJECTION, MONTHLY INBODY BODY COMPOSITION SCAN, PRESCRIPTION AND SIDE EFFECT MANAGEMENT.

ADDITIONAL INFO

*COST OF LABS & MEDICATIONS VARY. WE DO NOT BILL INSURANCE, HOWEVER MANY PATIENTS ARE ABLE TO USE THEIR FSA/HSA CARDS, WE RECOMMEND VERIFYING WITH YOUR INSURANCE PLAN YOUR ELIGIBILITY COVERAGE. AVAILABILITY OF MEDICATIONS AT LOCAL PHARMACIES VARIES. HOUSE OF BLOOM STAFF AND PROVIDERS ARE UNABLE TO VERIFY AVAILABILITY OF MEDICATIONS AT A GIVEN PHARMACY. PRICES SUBJECT TO CHANGE.